

Days of arrival and departure included

## Kriya Yoga Europe Programmes 2018

(Subject to Change)

Teachers: Rajarshi Peter van Breukelen – PvB, Swami Mangalananda Giri – SMG, Yogacharya Claudia Cremers – YCC, Yogacharya Petra Helwig – YPH, Yogacharya Uschi Schmidtke –YUS

Date	Place	Local Contact	Phone & e-mail Contact	Teachers
12.01. – 14.01.	Tours, France	Sonia Djaoui	+33 247374794, +33 630289211 sonia.djaoui@gmail.com	Swami Mangalananda Giri
12.01. – 14.01.	Wroclaw, Poland	Krystyna Halabura	+48 532 380 137, bkryncia@wp.pl	Yogacharya Uschi Schmidtke
12.01. – 14.01.	Rotterdam, Holland	Petra Helwig	+31 104118562 petrahelwig@icloud.com	Yogacharya Petra Helwig
19.01. – 21.01.	Zaragossa, Spain	José Luis García Lloret	+34976321747,+3462828882 flxmd@yahoo.es	Swami Mangalananda Giri
26.01. – 28.01.	Sterksel, Holland (lang. Dutch)	Kriya Yoga Centrum, P. v. Breukelen	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen, YPH, YCC
26.01. – 28.01.	Tattendorf, Austria	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	Swami Mangalananda Giri
26.01. – 28.01.	Ljubljana, Slovenia	Dragoljub Blagojevic	+386 31 00 89 29 dragoljub.ky@gmail.com	Yogacharya Uschi Schmidtke
02.02. – 04.02.	Malmö, Sweden	Peter Strinnö	+46 704941911, peter.strinno@gmail.com	Swami Mangalananda Giri
09.02. – 11.02.	Munich, Germany	Gerti & Michael Rieser	+49 89 3083939, gm.rieser@web.de	Swami Mangalananda Giri
16.02. – 18.02.	Tenerife, Spain	Maite Saez	+34 922 84 13 35, +34 616 377 706 maitesaez@yahoo.com	Swami Mangalananda Giri
16.02. – 18.02.	Gent, Belgium	Patrick Christens	patrick.christens@telenet.be +32 499157513	Yogacharya Petra Helwig
22.02. – 25.02.	Belgrade, Serbia	Andjelka Tomasevic, Cecilia Gonzalez	+381 641661818, +381 63326373, chechagon@hotmail.com	Yogacharya Claudia Cremers
23.02. – 25.02.	Tattendorf, Austria (lang. German)	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	Yogacharya Uschi Schmidtke
23.02. – 25.02.	Wiesbaden, Germany	Ines Wirthgen	+49 611 9873274 kriyayoga-wiesbaden@gmx.de	Swami Mangalananda Giri
02.03. – 04.03.	Mindelheim, Allgäu, Germany	Silke Weiss	+49 151 20687741 silkeweissdesign@t-online.de	Swami Mangalananda Giri
02.03. – 04.03.	Szeged, Hungary	Daniela Santha	+36 309339693, daniela.santha@gmail.com	Yogacharya Uschi Schmidtke
02.03. – 04.03.	Sterksel, Holland * (2nd Kriya only, lang. Engl.)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen, YCC, YPH
09.03. – 11.03.	Salzburg, Austria	Susanne & Peter Walker	+43 664 3122707, susanne.walker@outlook.at	Swami Mangalananda Giri
09.03. – 11.03.	Graz, Austria	Helga Kropiunigg	+43 316 673784, +43 676 5502269 kommunizierendsein@web.de	Yogacharya Uschi Schmidtke

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Date	Place	Local Contact	Phone & e-mail Contact	Teachers
10.03. – 11.03. To be determined	Brusseles, Belgium (lang. French – Engl.)	Yovanny Adarsha	+32 487274163, paravasta@gmail.com	Yogacharya Claudia Cremers
16.03. – 18.03.	Milan, Italy	Antonia Salles Matteo Paulli	+ 39 3347278122, antoniasalles@gmail.com + 39 329 3918469	Yogacharya Claudia Cremers
16.03. – 18.03.	Riga, Latvia	Dzidra Segleniece	+371 29161674, dzseg@inbox.lv	Yogacharya Petra Helwig
23.03. – 25.03.	Basel (Mariastein), Switzerland	Marina Buser	info@ganzheitlichepraxis.ch +41 614818854, +41 797493539	Yogacharya Uschi Schmidtke
23.03. – 25.03.	Warsaw, Poland	Robert Sutkowski Nadia Pawelczyk	+ 48 502 796444, rtsutkowski@gmail.com +48 691709305, npawelczyk@gmail.com	Swami Mangalananda Giri
24.03. – 25.03.	Den Haag (The Hague) Holland	Claudia Cremers	+31 40 2266217	Yogacharya Claudia Cremers
29.03. – 02.04.	Sterksel, Holland - Eastern (lang. German)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen, YCC, YPH
03.04. – 08.04.	Sterksel, Holland (Seva Days**, lang. Engl.)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen, YCC
13.04. – 15.04.	Cologne, Germany	Thomas & Heidrun Slappa Mohr	+49 221 881383, th.mohr@yahoo.de	Rajarshi Peter van Breukelen
13.04. – 15.04.	Dublin, Ireland	Mona Brady Evelyn Hilvering	+353 868534765, kriyaireland1@gmail.com +353 61927441	Yogacharya Claudia Cremers
13.04. – 15.04.	Braunschweig, Germany	Yvonne Krüger- Schulte	krueger-schulte@arcor.de	Yogacharya Petra Helwig
13.04. – 19.04.	Retreat Lanckarona (near Krakow), Poland	Grazyna Sobalska Ewa Chromy	+48 537090983, ewakoscielny@hotmail.com +48 691461109, sobgra@gmail.com	Swami Mangalananda Giri Yogacharya Uschi Schmidtke
20.04. – 22.04.	Osijek, Croatia	Zdenko Petrovic	+385 31 564084, +385 99 402 44 55 zdenalotos@gmail.com	Yogacharya Uschi Schmidtke
20.04. – 22.04.	Tattendorf, Austria	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	Swami Mangalananda Giri
23.04. – 26.04.	Tattendorf, Austria <i>Seva Days** – stay for free</i>	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	Swami Mangalananda Giri Yogacharya Uschi Schmidtke
26.04. – 29.04.	Gdynia, Poland	Danuta Sadowska	+48 601910306, desadd@o2.pl	Yogacharya Claudia Cremers
27.04. – 29.04.	Hamburg, Germany	Nele Müller	+49 40 86646221 mail@kriyayoga-hamburg.de	Rajarshi Peter van Breukelen
27.04. – 29.04.	Mallorca	Laura Iera	+34 971713976, +34 627582535 lauraiera@yahoo.com.ar	Swami Mangalananda Giri
27.04. – 29.04.	Idar - Oberstein, Germany	Kathy Becker	+49 172 1362497, +49 6785 2498009 kathy@schau-spiel-kunst.de	Yogacharya Uschi Schmidtke

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Teachers: Rajarshi Peter van Breukelen – PvB, Swami Mangalananda Giri – SMG, Yogacharya Claudia Cremers – YCC, Yogacharya Petra Helwig – YPH, Yogacharya Uschi Schmidtke – YUS

Date	Place	Local Contact	Phone & e-mail Contact	Teachers
04.05. – 06.05.	Braga, Portugal	Nuno Carvalho	+351 933 292 713 institutokriyayoga@gmail.com	Yogacharya Petra Helwig
04.05. – 06.05.	Athens, Greece	Anna Paraskevidou	+30 6955811332, paraskanna@gmail.com	Swami Mangalananda Giri
04.05. – 06.05.	Eisenach, Germany	Petra & Thomas Sollgruber	+49 36921 27444 mail@omra-lichtboten.de	Yogacharya Uschi Schmidtke
08.05. – 12.05.	Epernon, Prieuré de St Thomas, France	Antoine Brunet Charlie Robert	+ 33 614711239, twinon@hotmail.fr charlierobert@orange.fr	Yogacharya Claudia Cremers Swami Mangalananda Giri
11.05. – 13.05.	Trier, Germany	Rita Müller	+49 17658387799 kriyayoga-trier@web.de	Yogacharya Uschi Schmidtke
17.05. – 22.05.	Sterksel, Holland (lang. Engl.)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Swami Achalananda Giri, PvB, YCC, YPH
24.05. – 27.05.	Valencia, Spain	Peter van Benten	+34 962744737, +34 616060758 petrivb@telefonica.net	Swami Achalananda Giri Yogacharya Claudia Cremers
25.05. – 27.05.	St. Gallen, Switzerland	Evelyn Gelpi	+41 79 771 28 86, +41 71 245 22 88 evelyngelpi@hotmail.com	Swami Mangalananda Giri
30.05. – 04.06.	Tattendorf, Austria	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	Swami Achalananda Giri, PvB, SMG, YCC, YPH, YUS
06.06. – 11.06.	Higher Kriya Retreat * Tattendorf, Austria	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	Swami Achalananda Giri, SMG, YCC, YUS
13.06. – 17.06.	Retreat Malmö Sweden	Peter Strinnö	+46 704941911, peter.strinno@gmail.com	Swami Mangalananda Giri
14.06. – 17.06.	Crestet - Avignon, France	Charlie Robert	+33 614711239 charlierobert@orange.fr	Yogacharya Claudia Cremers
15.06. – 17.06.	Siena, Italy	Paolo Rettori, Candida Fulignati	+39 3662084004, paolo.candida@yahoo.it	Yogacharya Petra Helwig
15.06. – 17.06.	Katowice, Poland	Mirosław Kądziało	+48 501 088 568, alfaton@alfaton.com.pl	Yogacharya Uschi Schmidtke
15.06. – 17.06.	London, England	Michael Mannion	+44 20 7498 5929 kriyayogauk@btconnect.com	Swami Achalananda Giri
22.06. – 24.06.	Reykjavík, Iceland	Sigmar Svanhólm Magnússon	+ 354 8620397, sigmarsvan@gmail.com	Yogacharya Uschi Schmidtke
22.06. – 24.06. 25.06. – 28.06.	Tallow (Cork), Ireland Retreat	Sue Hinnell Evelyn Hilvering	+353 892536880, +353 61927441 kriyaireland1@gmail.com	Swami Mangalananda Giri
29.06. – 01.07.	Oldenburg (Kirchhatten), Germany	Yogi Vidyananda	+49 15112645038 vidyananda@kidokwon.de	Swami Mangalananda Giri

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Teachers: Rajarshi Peter van Breukelen – PvB, Swami Mangalananda Giri – SMG, Yogacharya Claudia Cremers – YCC, Yogacharya Petra Helwig – YPH, Yogacharya Uschi Schmidtke – YUS

Date	Place	Local Contact	Phone & e-mail Contact	Teachers
29.06. – 01.07.	Frankfurt, Germany	Milorad Nikolic, Margit Kremeyer Christiane Grießer	+49162 2659628, + 49 173 5626754 + 49 6081 442681 kriyayoga.frankfurt@gmail.com	Yogacharya Uschi Schmidtke
06.07. – 11.07.	Budapest, Hungary Retreat Budapest Hungary	Daniela Santha	+36 630 9339693 daniela.santha@gmail.com	Swami Mangalananda Giri Yogacharya Uschi Schmidtke
13.07. – 15.07.	Bielsko-Biala, Poland	Iwona Bukowska	+48 696067268 iwon.bukowska@gmail.com	Swami Mangalananda Giri
13.07. – 15.07.	Freiburg, Germany	Klaus Kniffka	+49 7664 4036202, kkniffka@t-online.de	Yogacharya Uschi Schmidtke
23.07. – 26.07.	Tattendorf, Austria Seva Days** – stay for free	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	Swami Mangalananda Giri Yogacharya Uschi Schmidtke
27.07. – 29.07.	Tattendorf, Austria	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	Swami Mangalananda Giri
27.07. – 29.07.	Munich, Germany	Gerti & Michael Rieser	+49 89 3083939, gm.rieser@web.de	Yogacharya Uschi Schmidtke
03.08. – 07.08.	Sterksel, Holland (lang. English)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen, YCC, YPH
30.07. – 03.08.	Retreat im Harz, Germany	Yvonne Krüger- Schulte	krueger-schulte@arcor.de	Swami Mangalananda Giri
03.08. – 10.08.	Retreat Berlin -Wilhelmsaue Germany	Anschi Nagler	+ 49 15774667014, info@kriya-berlin.de	Swami Mangalananda Giri Yogacharya Uschi Schmidtke
11.08. – 17.08.	Hiking Retreat, Elm, Switzerland	Christine Glauser	+41 794859734 info@yoga-kuesnacht.ch	Swami Mangalananda Giri Yogacharya Uschi Schmidtke
17.08. – 19.08.	Kiel, Germany	Jutta	jutta.rs@gmx.de	Swami Mangalananda Giri
17.08. – 22.08.	Poland, Retreat	Mirosław Kądział	+48 501 088 568, alfaton@alfaton.com.pl	Swami Atmavidyananda Giri Yogacharya Uschi Schmidtke
24.08. – 28.08.	Sterksel, Holland (lang. Engl.)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Swami Atmavidyananda Giri PvB, SMG, YCC, YPH, YUS
31.08. – 07.09.	Tattendorf, Austria	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	Swami Atmavidyananda Giri PvB, SMG, YCC, YPH, YUS
14.09. – 16.09.	Freudenberg, Germany (near Aschaffenburg)	Gertraud & Wilfried Kirstein	+49 93771542, shanti108@t-online.de	Yogacharya Uschi Schmidtke
14.09. – 19.09.	Riga, Latvia - Retreat	Dzidra Segleniece	+371 29161674, dzseg@inbox.lv	Swami Mangalananda Giri
21.09. – 23.09.	Rotterdam, Holland	Petra Helwig	+31 104118562, petrahelwig@icloud.com	Yogacharya Petra Helwig
21.09. – 23.09.	Gdynia, Poland	Danuta Sadowska	+48 601910306, desadd@o2.pl	Yogacharya Uschi Schmidtke

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Date	Place	Local Contact	Phone & e-mail Contact	Teachers
05.10. – 07.10.	Hamburg, Germany	Nele Müller	+49 40 86646221 mail@kriyayoga-hamburg.de	Swami Mangalananda Giri
05.10. – 07.10.	Zagreb, Croatia	Katija Zubcic	+ 385 917998916 katija.zubcic@gmail.com	Yogacharya Uschi Schmidtke
05.10. – 07.10.	St. Gallen, Switzerland	Evelyn Gelpi	+41 79 771 28 86, +41 71 245 22 88 evelyngelpi@hotmail.com	Yogacharya Claudia Cremers
12.10. – 14.10.	Salzburg, Austria	Susanne & Peter Walker	+43 664 3122707, susanne.walker@outlook.at	Yogacharya Uschi Schmidtke
12.10. – 14.10.	Sterksel, Holland * (2nd Kriya, lang. English)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen, YCC, YPH
15.10. – 21.10.	Sterksel, Holland (Seva Days**, lang. Engl. )	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen, YCC
19.10. – 21.10.	Bad Wörishofen, Germany	Silke Weiss	+49 151 20687741 silkeweissdesign@t-online.de	Yogacharya Uschi Schmidtke
26.10. – 28.10.	Trier, Germany	Rita Müller	+49 17658387799, kriyayoga-trier@web.de	Yogacharya Uschi Schmidtke
27.10. – 28.10. To be determined	Den Haag (The Hague) Holland (lang. Dutch, Engl.)	Claudia Cremers	+31 40 2266217	Yogacharya Claudia Cremers
26.10. – 28.10.	Budapest, Hungary	Daniela Santha	+36 630 9339693 daniela.santha@gmail.com	Yogacharya Petra Helwig
02.11. – 04.11.	Nuremberg, Germany	Agi Hirl	kriyayoga-nbg@t-online.de	Yogacharya Uschi Schmidtke
07.11. – 11.11.	International Retreat Frankfurt, Germany	Elke & Wolfgang Lang	+351 914 479 333, e.lang@sapo.pt	Rajarshi Peter van Breukelen, SMG, YCC, YUS
16.11. – 18.11.	Stuttgart, Germany	Jutta Essinger	+49 711 28446680, juttamargit@gmx.de	Swami Mangalananda Giri
16.11. – 18.11.	Tattendorf, Austria	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	Yogacharya Uschi Schmidtke
16.11. – 18.11.	Sterksel, Holland (lang. Dutch)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen, YCC, YPH
23.11. – 25.11.	Basel (Mariastein), Schweiz	Marina Buser	info@ganzheitlichepraxis.ch +41 614818854, +41 797493539	Yogacharya Uschi Schmidtke
23.11. – 25.11. To be determined	Rennes, France	Antoine Brunet	twinon@hotmail.fr	Yogacharya Claudia Cremers
30.11. – 02.12.	Krakow, Poland	Ewa Chromy Grazyna Sobalska	+48 537090983, ewakoscielny@hotmail.com +48 691461109, sobgra@gmail.com	Yogacharya Uschi Schmidtke
01.12. – 02.12. To be determined	Bonn, Germany	Kristin Mosch	+49 228 213472, +49 1638689602 info(use ad here)kriya-bonn.de	Yogacharya Claudia Cremers

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Date	Place	Local Contact	Phone & e-mail Contact	Teachers
07.12. – 09.12.	Mainz, Germany	Andreas Dörnfeld, Brigitte Schwarz	+49 6136 44575, +49 6131 907 3 907 doernfeld@gmx.net brigitte@naturheilpraxis-schwarz.de	Swami Mangalananda Giri
07.12. – 09.12.	Warsaw, Poland	Robert Sutkowski Nadia Pawelczyk	+ 48 502 796444, rtsutkowski@gmail.com +48 691709305, npawelczyk@gmail.com	Yogacharya Petra Helwig
08.12. – 09.12.	Retreat Eisenach, Germany	Petra & Thomas Sollgruber	mail@omra-lichtboten.de +49 36921 27444	Yogacharya Uschi Schmidtke
14.12. – 16.12	Berlin, Germany	Christoph & Valentina Albertini	+49 170 5569938, info@kriya-berlin.de	Swami Mangalananda Giri
24.12. – 01.01.	Sterksel, Holland (lang. Engl.)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen, YCC, YPH
24.12. – 01.01.	Tattendorf, Austria	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	Swami Mangalananda Giri Yogacharya Uschi Schmidtke

**Higher Kriya Retreat/2<sup>nd</sup> Kriya \*)** – for Kriyavans who have been initiated in any of the higher Kriyas by authorized teachers of this lineage of Kriya Yoga of Paramahansa Hariharananda and Paramahansa Prajnanananda are welcome to attend this retreat and also for those who have practiced Kriya I for a minimum of 3 years and who have additionally got permission from a Kriya teacher to be initiated into Kriya II.

**Seva Days\*\*)** – Days for selfless service, free board and lodging